

Webinar & Discussion Date: November 16, 2021

Empowering Young People to Create Change

County Health Rankings & Roadmaps Tools & Resources

- Check out [recordings and PDF of slides](#) for all CHR&R webinars. Please share with a colleague!
- To learn more about County Health Rankings & Roadmaps, our data, tools, and resources to help you create change, watch our latest [CHR&R 101](#) webinar.
- [Explore Health Rankings](#): The annual Rankings provide a revealing snapshot of how health is influenced by where we live, learn, work, and play. Find and use your county data, read our reports, and learn more about what and why we rank.
- [Take Action to Improve Health](#): Find strategies that we know work, guidance for setting a plan in motion, and resources to help you partner with others.
 - [Action Learning Guides](#): Dig into specific topics with a blend of guidance, tools, and hands-on activities. Our series on understanding and using data is a great place to start.
 - [Partner Center](#): Find guidance and resources to help you identify and engage the right partners.
 - [Action Center](#): Explore step-by-step guidance and tools to help you move with data to action.
- [Learn from Others](#): Sharing the stories of others ignites possibilities and inspires action. Find out about upcoming webinars, learn more about the RWJF Culture of Health Prize, and check out community highlights.
- [What Works for Health](#): Explore our menu of over 400 evidence-informed policies and programs that can help make a difference in your community.
- [What is Health?](#) Learn about our vision of health.
- Stay in touch with County Health Rankings & Roadmaps:
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Highlighted Guidance

[The Aspen Young Leaders Fellowship](#) identifies, cultivates, and amplifies future generations of talent to engage in the values-based leadership essential for transforming their lives and society for the better.

LOG OFF is a youth movement dedicated to furthering the dialogue about the multifaceted nature of social media and promoting the healthier usage of it. It uses an array of mediums, such as a [website](#), [podcast](#), [blog](#), [teen leadership council teams/initiatives](#), and other [youth leadership groups](#).

Explore how community leaders Gonzales, CA are empowering youth to serve in local government and other decision-making bodies in [Our Shared Humanity Is the Foundation for Cohesive, Resilient, and Equitable Communities](#).

Check out these additional [examples of communities fostering youth leadership](#) across the country.



Webinar Guest Resources

Celine Bernhardt-Lanier, CEO, LOG OFF

- To learn more about how to get involved with LOG OFF, go to the [“take action”](#) page on our website or email celineb@logoffmovement.org.
- The [Dear Parent Resource](#) is a digital well-being resource to build trust between parents and teens through conversations around tech that foster understanding, respect, and collaboration.
- The [Parent Encouragement Program \(PEP\)](#) and [Changemaker Communities](#) are powerful and insightful ways for adult professionals, parents, and guardians to cultivate youth leadership.
- The [LOGOFF Podcast](#), led by Iona from Ireland and Bhavya from India, spreads awareness of how social media affects the lives of teens. Episodes include: “Exploring academics and behavior design with Steven Crane, a Stanford researcher,” “A sit down with the Screen Time Consultant, Emily Cherkin,” and “Exploring digital Balance with Rijul Arora, an Indian TedX Speaker.”

Healthy Places by Design Resources

- [Healthy Places by Design](#) facilitated the post-webinar discussion group session. Their [Community Action Model](#) was developed with insights from more than a dozen years of supporting successful community health initiatives and a deep understanding of the community change process.
- Follow Healthy Places by Design on Twitter [@HPlacesbyDesign](#)