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Innovative partnerships to address mental health

PRESENTER BIOSKETCHES

Shamaila Khan, PhD

Training Director, Center for Multicultural Training in Psychology

Director, Center for Multicultural Mental Health

Associate Professor

Boston University School of Medicine / Boston Medical Center

Dr. Khan (she/her) is a licensed Clinical Psychologist and a Clinical Associate Professor at the Boston University School of Medicine / Boston Medical Center (BU/BMC). She is additionally the Training Director of the Center for Multicultural Training in Psychology, and the Director for the Center for Multicultural Mental Health at BU/BMC. She is also the Co-Chair for the DEI Committee at BMC, the Diversity and Inclusion Advisory Council at BU, and the Diversity Champion for the Department of Psychiatry at BMC. As such her expertise is in the domain of multiculturalism, diversity, equity and social justice. Her clinical outlook is informed by Psychodynamic and Postcolonial theoretical frameworks. Her specialty training is in Trauma: Individual trauma, group/community-based trauma, disaster related trauma, immigration, and postcolonial trauma. As such, Dr. Khan has been conducting the Family Support Center, focused on serving the behavioral health needs of pandemic patients and their families at BMC. She was recently the Director of Behavioral Health and Resiliency Services at the Massachusetts Resiliency Center, serving the survivors of the Boston Marathon Bombings. She has also served as a behavioral health responder following local, national, and international disasters (following 9/11 in NY, Springfield tornadoes, floods in Pakistan and earthquake in Pakistan, earthquake in Haiti, Tsunami in Japan, school shooting in Peshawar, Afghani refugees in DC, and Rohingya refugees in Bangladesh). Her additional interests are in multicultural clinical practice and multivariate aspects of identity development, and she has presented on these topics at varying national and international conferences. She is a principal investigator on several federal grants and has worked closely with DMH and DPH towards promoting multicultural training initiatives and crisis intervention work. She is an active member of several committees within the APA Division of Psychoanalysis (39). She additionally serves on the Disaster Behavioral Health Advisory Committee of the Massachusetts DMH. She is a recipient of several awards, most recently including the “Rising to the Occasion Award” for her work during the pandemic, the



“Humanitarian Service Award” for her work with the Rohingya Refugees in Bangladesh; the “Service Appreciation Award” for her work following the Boston Marathon Tragedy; “Woman of the Year Appreciation Award” by Pakistani Association of NY; and an “Outstanding service award” by the U. S. Attorney’s Office for services provided during the Tsarnaev trial. She is of Pakistani American descent and as a Muslim raised on three different continents, she is conversant in seven languages.



Kini-Ana Tinkham, RN

Executive Director

Maine Resilience Building Network

Kini-Ana (she/her/hers) is the Executive Director of the Maine Resilience Building Network, a public health nonprofit working to improve the health and well-being of children, families, and communities by advancing MRBN’s mission through capacity building, system integration, policy, and advocacy.

Kini-Ana has worked in public health and healthcare for 40 years as an RN, educator, advocate, and leader. She brings proven system transformation leadership to advance health equity, wellness, and improved health and well-being. In addition to her work at MRBN, her career expands across maternal and child health, home visitation, school-based health centers, youth leadership, education, clinical healthcare delivery, and public health. Kini-Ana is a *Daniel Hanley Center for Health Leadership Class VII* graduate.

She has experience leading the integration of intimate partner violence prevention service in Maine’s federally qualified health centers, family planning, and school-based health centers, planning and implementation of reproductive health services in Maine’s school-based health centers, building capacity of school-based health centers across Maine to improve access of medical and behavioral health care for adolescence, and supporting youth advocacy at the state and federal level. She has served as a school board member and Chair of the RSU #38 school committee and a past recipient of the Maine Youth Action Network (MYAN) *Youth Leadership and Advocacy award*.