



# **UNLOCKING POTENTIAL**

Engaging young people in community change

December 11, 2018

countyhealthrankings.org

4-h.org

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County Health Rankings & Roadmaps is a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute.

countyhealthrankings.org





Well connected communities is a partnership between the Cooperative Extension System and National 4-H Council working to create healthier, more sustainable communities.

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# YOUR PRESENTERS AND FACILITATORS

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# **LEARNING OUTCOMES FOR TODAY**

- Define youth adult partnerships
- Describe the characteristics of thriving youth adult partnerships
- Identify strategies and resources to strengthen collaboration with young people



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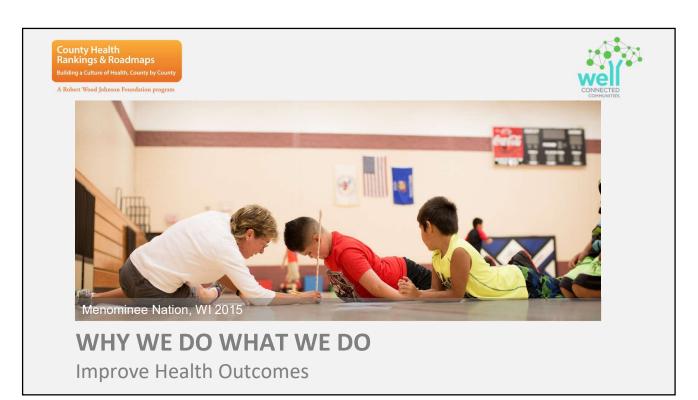




# JOIN US FOR MORE DISCUSSION

- When: Immediately following the webinar
- What: Interactive learning experience,
  opportunity to share ideas and ask questions
- How: Videoconference and/or phone via Zoom
- Why: Deepen the webinar learning, allow further exploration









# WHAT DO WE MEAN BY HEALTH EQUITY?

Health Equity means that everyone has a fair and just opportunity to be as healthy as possible.

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# POLL: SELECT ALL STATEMENTS THAT APPLY I AM...

- Part of a coalition or partnership that includes young people.
- Part of a coalition or partnership that partners with a youth agency (e.g. 4-H; Boys and Girls Club).
- An individual who works directly with youth.
- Part of a collaboration focused on opportunity youth.
- Excited to learn about strategies to engage with young people.







# **ENGAGING YOUNG PEOPLE IN COMMUNITY CHANGE**

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# WELL CONNECTED COMMUNITIES VISION

Working together to create vital conditions for:

- Healthy children to achieve more at school and throughout life
- Adults to be productive and thrive in all aspects of life
- All community members to enjoy equitable opportunities and equitable prosperity







# **BUILDING CAPACITY FOR CHANGE**

- Youth Leadership
- Expert Volunteers
- Expansive Reach
- Best Practices



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# WELL CONNECTED COMMUNITIES PRINCIPLES

- Commitment to transforming place
- Focus on equity and inclusion
- Intergenerational focus with hope and action
- Balance what works and innovation
- Learning and growing together



www.longrunliving.com/run-further-17-unco/ principles/





# SHARE VIA CHAT THE WAYS IN WHICH YOU ARE PARTNERING WITH EXTENSION, 4-H AND/OR YOUNG PEOPLE.

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# YOUTH ADULT PARTNERSHIPS DEFINED

Youth-adult partnership is the practice of multiple youth and multiple adults deliberating and acting together, in a collective [democratic] fashion, over a sustained period, through shared work, intended to promote social justice, strengthen an organization and/or affirmatively address a community issue. (Zeldin et al 2012)





### A Robert Wood Johnson Foundation program

# YOUTH ADULT PARTNERSHIPS

- Young people engaged as equal partners
- Adults create opportunities for youth to co-lead within programs, organizations & communities
- Synergy between young people and adults



Photo Credit: Stacy Wegley

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# PARTNERING WITH YOUNG PEOPLE



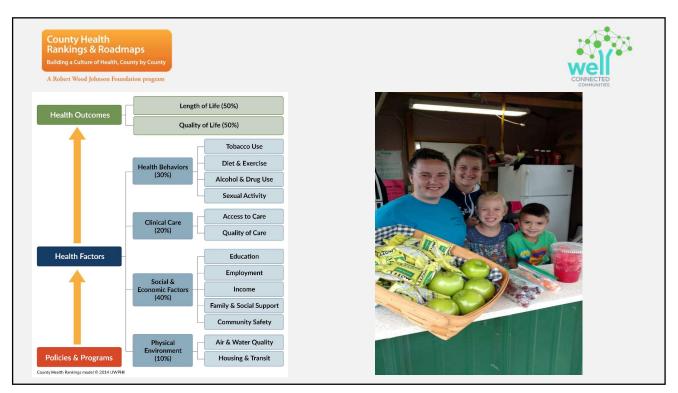


Photo Credit: Stacy Wegl

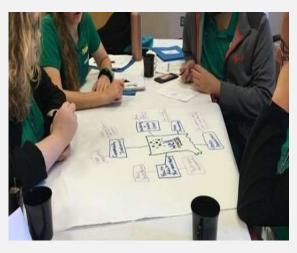




# WAYS IN WHICH YOU ARE PARTNERING WITH EXTENSION, 4-H AND/OR YOUTH.











# **COLLABORATION WITH LEADERS**

- Building relationships with leaders
- Speaking with media, civic groups and other
- Supporting partnership development
- Securing resources



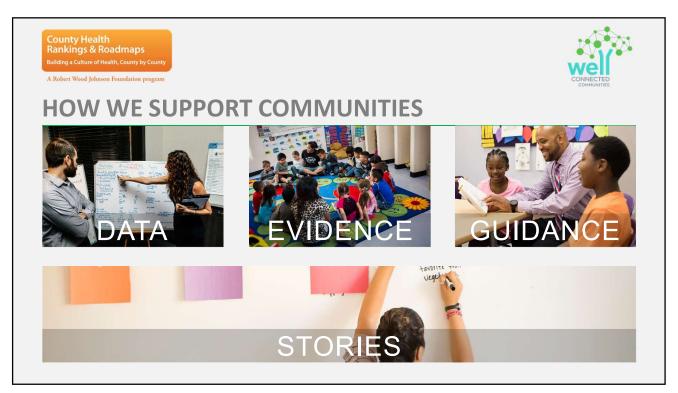


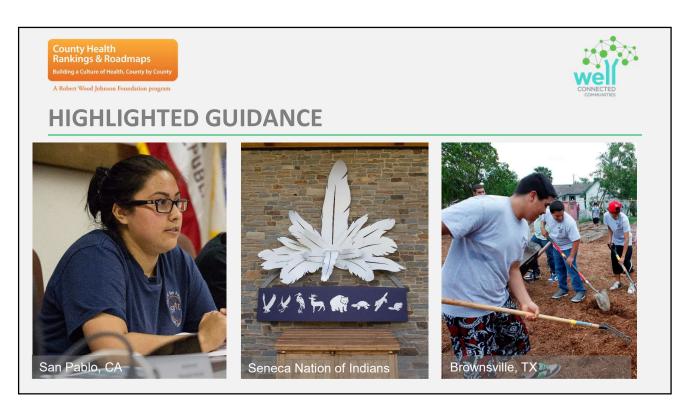


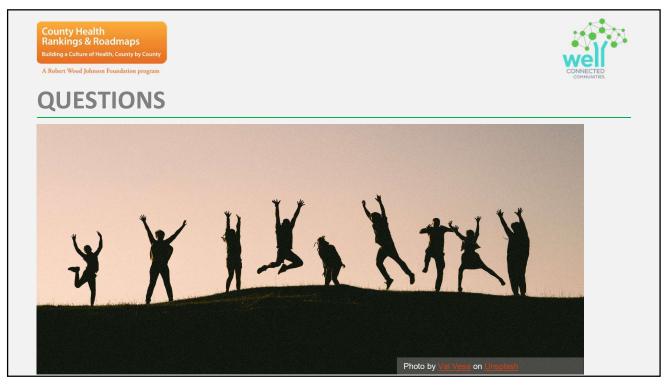
# STRENGTHS, ASSETS AND OPPORTUNITIES

- Youth voice is important.
- Youth want to be heard.
- Youth can be passionate for a cause they believe in.
- Volunteer opportunities can be a pathway for bringing youth to the table.













# **UPCOMING WEBINAR**

Policies & Programs to Help Build a Culture of Health

3 p.m. EST, Tuesday, January 29, 2019

Registration Coming Soon!



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# POLL: WHAT DO YOU WANT TO DISCUSS?

- What are the opportunities to work with young people in your community.
- What could a youth adult partnership look like in your community.
- How to deepen your connections with young people.

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## **STAY CONNECTED**



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# **JOIN US FOR A DISCUSSION GROUP NOW!**

• Registration URL: <a href="https://chrr.zoom.us/s/176486281">https://chrr.zoom.us/s/176486281</a>