Building a Culture of Health, County by County

HEALTH OUTCOME WEIGHTS

Outcome	Focus Area	Measure
Length of life (50%)	Premature death	Years of potential life lost before age 75 (50%)
Quality of life (50%)	Quality of life	Poor or fair health (10%) Poor physical health days (10%) Poor mental health days (10%)
	Poor birth outcomes	Low birthweight (20%)

HEALTH FACTOR WEIGHTS

Health Factor	Focus Area	Measure
Health behaviors (30%)	Smoking (10%)	Adult smoking (10%)
	Diet and exercise (10%)	Adult obesity (5%)
		Food environment index (2%)
		Physical inactivity (2%)
		Access to exercise opportunities (1%)
	Alcohol and drug use (5%)	Excessive drinking (2.5%)
		Alcohol-impaired driving deaths (2.5%)
	Sexual activity (5%)	Sexually transmitted infections (2.5%)
		Teen births (2.5%)
Clinical care (20%)	Access to care (10%)	Uninsured (5%)
		Primary care physicians (3%)
		Dentists (1%)
		Mental health providers (1%)
	Quality of care (10%)	Preventable hospital stays (5%)
		Mammography screening (2.5%)
		Flu vaccinations (2.5%)
Social and economic factors	Education (10%)	High school graduation (5%)
(40%)		Some college (5%)
	Employment (10%)	Unemployment (10%)
	Income (10%)	Children in poverty (7.5%)
		Income inequality (2.5%)
	Family and social support (5%)	Children in single-parent households (2.5%)
		Social associations (2.5%)
	Community safety (5%)	Violent crime (2.5%)
		Injury deaths (2.5%)
Physical environment (10%)	Air and water quality (5%)	Air pollution - particulate matter (2.5%) Drinking water violations (2.5%)
	Housing and transit (5%)	Severe housing problems (2%)
		Driving alone to work (2%)
		Long commute - driving alone (1%)



