Building a Culture of Health, County by County

RANKED MEASURES FROM THE COUNTY HEALTH RANKINGS, 2010-2015

Health Outcomes

Focus Area	Measure	2010	2011	2012	2013	2014	2015
Length of life (50%)	Premature death						\longrightarrow
Quality of life (50%)	Poor or fair health						→
	Poor physical health days						\rightarrow
	Poor mental health days						\rightarrow
	Low birthweight						\rightarrow

Health Factors

Health Factor	Focus Areas	Measure	2010	2011	2012	2013	2014	2015
Health Behaviors (30%)	Tobacco use (10%)	Adult smoking						\rightarrow
	Diet and exercise (10%)	Adult obesity						\rightarrow
		Food environment index						\rightarrow
		Physical inactivity						\rightarrow
		Access to exercise opportunities						\rightarrow
	Alcohol and drug use (5%)	Excessive drinking	\rightarrow					\rightarrow
		Motor vehicle crash death rate				\rightarrow		
		Alcohol-impaired driving deaths						\rightarrow
	Sexual activity (5%)	Sexually transmitted infections						
		Teen births						
Clinical Care (20%)	Access to care (10%)	Uninsured		\rightarrow				\rightarrow
		Primary care physicians	\rightarrow		\rightarrow			
		Dentists						\rightarrow
		Mental health providers						\rightarrow
	Quality of care (10%)	Preventable hospital stays						\rightarrow
		Diabetic screening						
		Hospice use	\rightarrow					
		Mammography screening						\rightarrow

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Health Factors

Health Factor	Focus Areas	Measure	2010	2011	2012	2013	2014	2015
Social and Economic Factors (40%)	Education (10%)	High school graduation	\rightarrow	\rightarrow		\rightarrow		\rightarrow
		College degrees	\rightarrow					
		Some college						\rightarrow
	Employment (10%)	Unemployment						\rightarrow
	Income (10%)	Children in poverty						\longrightarrow
		Income inequality	\rightarrow					\rightarrow
	Family and social support (5%)	Inadequate social support					\rightarrow	
(40%)		Social associations						\rightarrow
		Children in single-parent households	\longrightarrow					\longrightarrow
	Community safety (5%)	Violent crime		\rightarrow				\rightarrow
		Injury deaths						\rightarrow
Physical Environment (10%)	Air and water quality (5%)	Air pollution-ozone days			\Longrightarrow			
		Air pollution-particulate matter days						
		Air pollution-particulate matter						\longrightarrow
		Drinking water violations						\rightarrow
	Built environment (5%)	Access to healthy foods	\rightarrow	\longrightarrow				
		Limited access to healthy foods				\rightarrow		
		Fast food restaurants				\longrightarrow		
		Liquor store density	\rightarrow					
		Access to recreational facilities				\rightarrow		
	Housing and transit	Severe housing problems						\rightarrow
		Driving alone to work						\rightarrow
		Long commute – driving alone						\rightarrow