A Robert Wood Johnson Foundation program

2014 *Rankings*

Colorado

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INTRODUCTION

The *County Health Rankings & Roadmaps* program helps communities identify and implement solutions that make it easier for people to be healthy in their schools, workplaces, and neighborhoods. Ranking the health of nearly every county in the nation, the *County Health Rankings* illustrate <u>what we know</u> when it comes to what is making people sick or healthy. The *Roadmaps* show <u>what we can do</u> to create healthier places to live, learn, work, and play. The Robert Wood Johnson Foundation (RWJF) collaborates with the University of Wisconsin Population Health Institute (UWPHI) to bring this program to cities, counties, and states across the nation.

WHAT ARE THE *COUNTY HEALTH RANKINGS*?

The *County Health Rankings* measure the health of nearly every county in the nation. Published online at <u>countyhealthrankings.org</u>, the *Rankings* help counties understand what influences how healthy residents are and how long they will live. The *Rankings* look at a variety of measures that affect health, such as high school graduation rates, access to healthy foods, rates of smoking, obesity, and teen births. Based on data available for each county, the *Rankings* are unique in their ability to measure the overall health of each county in all 50 states. They have been used to garner support for local health improvement initiatives among government agencies, healthcare providers, community organizations, business leaders, policy makers, and the public.
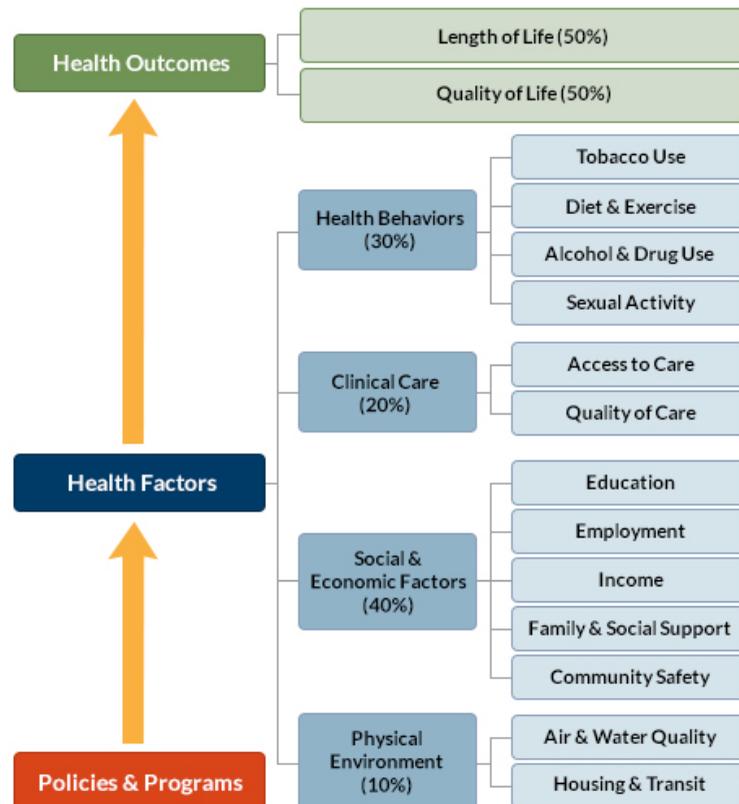
HOW ARE PEOPLE USING THE *RANKINGS?*

- Ø Highlighting community success

- Ø Identifying root causes of poor health

- Ø Supporting policy change

- Ø Engaging communities in health improvement

For more information, visit <u>countyhealthrankings.org</u>

WHAT ARE THE *ROADMAPS TO HEALTH*?

The *Roadmaps to Health* help communities bring people together to look at the many factors that influence health, select strategies that work, and make changes that will have a lasting impact. The *Roadmaps* focus on helping communities determine what they can do and what they can learn from others.

What You Can Do

The *Roadmaps to Health* Action Center provides step-by-step guides, tools, and webinars to help groups working to improve the health of their communities. Community Coaches also provide customized consultation to local communities that have demonstrated a willingness to address factors that we know influence health, such as education, income, and community safety.

The Action Center also features *What Works for Health* – a searchable database of evidence-informed policies and programs that can improve health.

Learning From Others

Honoring the efforts of communities working at the forefront of health improvement, the Robert Wood Johnson Foundation annually awards the *RWJF Culture of Health Prize* to outstanding communities that are working toward better health. The *Prize* recognizes communities with strong and diverse partnerships that are coming together with a shared vision and commitment to address multiple factors that affect health and make lasting changes that create a culture of health for all. Visit countyhealthrankings.org or rwjf.org/prize to learn about the work of past prize winners.

At countyhealthrankings.org, we also feature stories from communities across the nation who have used data from the *County Health Rankings* or have engaged in strategies to improve health. For example, you can learn from the successes and challenges of the 30 *Roadmaps to Health* Community Grantees. These grantees are working to create positive policy or systems changes that address social and economic factors that influence how healthy people are and how long they live, such as education and community safety. You might also want to contact your local affiliate of United Way Worldwide, the National Business Coalition on Health, or the National Association of Counties - their national parent organizations have partnered with us to raise awareness and stimulate action to improve health in their local members' communities.

How can you get involved?

In communities large and small, people from all walks of life are taking ownership and action to improve health. Visit countyhealthrankings.org to get ideas and guidance on how you can take action in your community. Working with others, you can improve the health of your community.
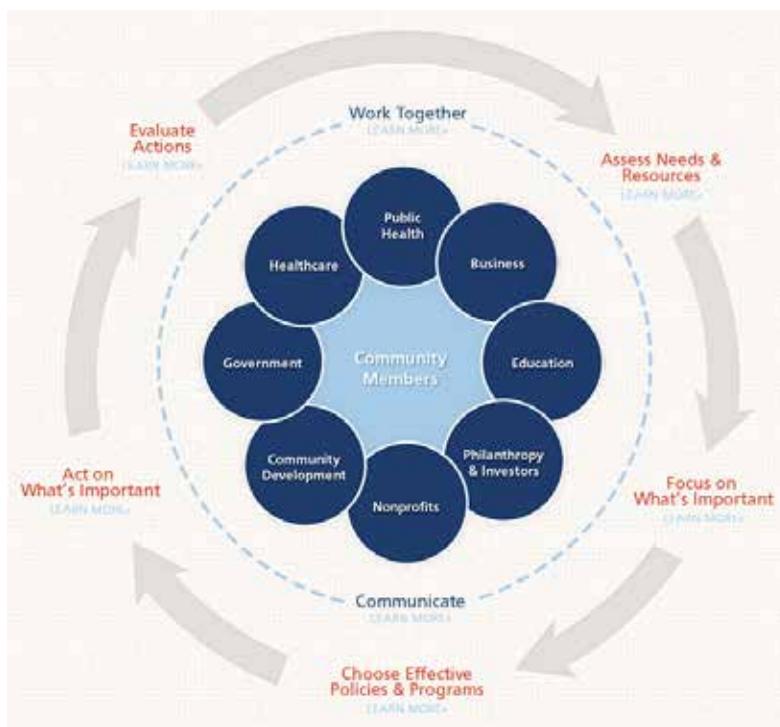
The green map below shows the distribution of Colorado's **health outcomes**, based on an equal weighting of length and quality of life.

Lighter colors indicate better performance in the respective summary rankings. Detailed information on the underlying measures is available on our web site.

HEALTH OUTCOMES RANKS

Rank 1-15   Rank 16-30   Rank 31-44   Rank 45-59   Not Ranked
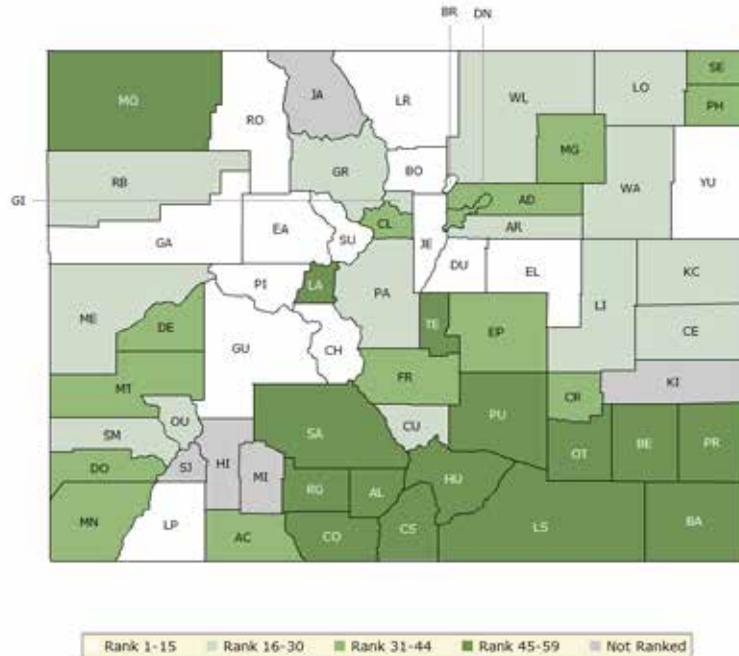
County	Rank	County	Rank	County	Rank	County	Rank
Adams	35	Denver	39	Kit Carson	26	Phillips	36
Alamosa	46	Dolores	38	La Plata	6	Pitkin	2
Arapahoe	20	Douglas	1	Lake	48	Prowers	53
Archuleta	34	Eagle	3	Larimer	10	Pueblo	49
Baca	58	El Paso	32	Las Animas	57	Rio Blanco	22
Bent	55	Elbert	12	Lincoln	17	Rio Grande	51
Boulder	4	Fremont	44	Logan	19	Routt	11
Broomfield	9	Garfield	14	Mesa	30	Saguache	50
Chaffee	15	Gilpin	25	Mineral	NR	San Juan	NR
Cheyenne	24	Grand	23	Moffat	47	San Miguel	28
Clear Creek	42	Gunnison	8	Montezuma	43	Sedgwick	41
Conejos	56	Hinsdale	NR	Montrose	33	Summit	5
Costilla	54	Huerfano	59	Morgan	37	Teller	45
Crowley	31	Jackson	NR	Otero	52	Washington	16
Custer	21	Jefferson	13	Ouray	29	Weld	18
Delta	40	Kiowa	NR	Park	27	Yuma	7

The blue map displays Colorado's summary ranks for **health factors**, based on weighted scores for health behaviors, clinical care, social and economic factors, and the physical environment.

Lighter colors indicate better performance in the respective summary rankings. Detailed information on the underlying measures is available on our web site.

HEALTH FACTORS RANKS
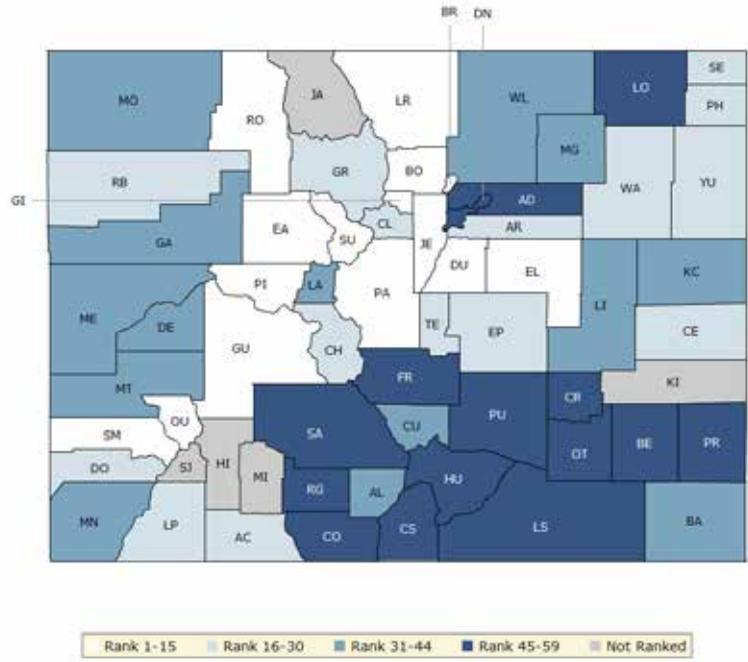
County	Rank	County	Rank	County	Rank	County	Rank
Adams	50	Denver	46	Kit Carson	35	Phillips	23
Alamosa	37	Dolores	27	La Plata	16	Pitkin	6
Arapahoe	26	Douglas	1	Lake	44	Prowers	52
Archuleta	28	Eagle	10	Larimer	9	Pueblo	53
Baca	39	El Paso	29	Las Animas	57	Rio Blanco	21
Bent	55	Elbert	8	Lincoln	38	Rio Grande	47
Boulder	2	Fremont	51	Logan	45	Routt	4
Broomfield	3	Garfield	31	Mesa	32	Saguache	56
Chaffee	17	Gilpin	13	Mineral	NR	San Juan	NR
Cheyenne	18	Grand	20	Moffat	43	San Miguel	12
Clear Creek	19	Gunnison	15	Montezuma	41	Sedgwick	30
Conejos	48	Hinsdale	NR	Montrose	33	Summit	5
Costilla	59	Huerfano	58	Morgan	42	Teller	25
Crowley	49	Jackson	NR	Otero	54	Washington	24
Custer	34	Jefferson	11	Ouray	7	Weld	36
Delta	40	Kiowa	NR	Park	14	Yuma	22

Summary Health Outcomes & Health Factors Rankings

Counties receive two ranks:
· Health Outcomes
· Health Factors

Each of these ranks represents a weighted summary of a number of measures.

Health outcomes represent how healthy a county is while health factors represent what influences the health of the county.

Rank	Health Outcomes	Rank	Health Factors
1	Douglas	1	Douglas
2	Pitkin	2	Boulder
3	Eagle	3	Broomfield
4	Boulder	4	Routt
5	Summit	5	Summit
6	La Plata	6	Pitkin
7	Yuma	7	Ouray
8	Gunnison	8	Elbert
9	Broomfield	9	Larimer
10	Larimer	10	Eagle
11	Routt	11	Jefferson
12	Elbert	12	San Miguel
13	Jefferson	13	Gilpin
14	Garfield	14	Park
15	Chaffee	15	Gunnison
16	Washington	16	La Plata
17	Lincoln	17	Chaffee
18	Weld	18	Cheyenne
19	Logan	19	Clear Creek
20	Arapahoe	20	Grand
21	Custer	21	Rio Blanco
22	Rio Blanco	22	Yuma
23	Grand	23	Phillips
24	Cheyenne	24	Washington
25	Gilpin	25	Teller
26	Kit Carson	26	Arapahoe
27	Park	27	Dolores
28	San Miguel	28	Archuleta
29	Ouray	29	El Paso
30	Mesa	30	Sedgwick
31	Crowley	31	Garfield
32	El Paso	32	Mesa
33	Montrose	33	Montrose
34	Archuleta	34	Custer
35	Adams	35	Kit Carson
36	Phillips	36	Weld
37	Morgan	37	Alamosa
38	Dolores	38	Lincoln
39	Denver	39	Baca
40	Delta	40	Delta

Rank	Health Outcomes	Rank	Health Factors
41	Sedgwick	41	Montezuma
42	Clear Creek	42	Morgan
43	Montezuma	43	Moffat
44	Fremont	44	Lake
45	Teller	45	Logan
46	Alamosa	46	Denver
47	Moffat	47	Rio Grande
48	Lake	48	Conejos
49	Pueblo	49	Crowley
50	Saguache	50	Adams
51	Rio Grande	51	Fremont
52	Otero	52	Prowers
53	Prowers	53	Pueblo
54	Costilla	54	Otero
55	Bent	55	Bent
56	Conejos	56	Saguache
57	Las Animas	57	Las Animas
58	Baca	58	Huerfano
59	Huerfano	59	Costilla

Not Ranked: Hinsdale, Jackson, Kiowa, Mineral, San Juan

2014 *County Health Rankings*: Measures, Data Sources, and Years of Data

	Measure	Data Source	Years of Data
HEALTH OUTCOMES			
Length of Life	Premature death	National Center for Health Statistics	2008-2010
Quality of Life	Poor or fair health	Behavioral Risk Factor Surveillance System	2006-2012
	Poor physical health days	Behavioral Risk Factor Surveillance System	2006-2012
	Poor mental health days	Behavioral Risk Factor Surveillance System	2006-2012
	Low birthweight	National Center for Health Statistics	2005-2011
HEALTH FACTORS			
HEALTH BEHAVIORS			
Tobacco Use	Adult smoking	Behavioral Risk Factor Surveillance System	2006-2012
Diet and Exercise	Adult obesity	National Center for Chronic Disease Prevention and Health Promotion	2010
	Food environment index	USDA Food Environment Atlas, Map the Meal Gap	2010-2011
	Physical inactivity	National Center for Chronic Disease Prevention and Health Promotion	2010
	Access to exercise opportunities	OneSource Global Business Browser, Delorme map data, ESRI, & US Census Tigerline Files	2010 & 2012
Alcohol and Drug Use	Excessive drinking	Behavioral Risk Factor Surveillance System	2006-2012
	Alcohol-impaired driving deaths	Fatality Analysis Reporting System	2008-2012
Sexual Activity	Sexually transmitted infections	National Center for HIV/AIDS, Viral Hepatitis, STD, and TB prevention	2011
	Teen births	National Center for Health Statistics	2005-2011
CLINICAL CARE			
Access to Care	Uninsured	Small Area Health Insurance Estimates	2011
	Primary care physicians	HRSA Area Resource File	2011
	Dentists	HRSA Area Resource File	2012
	Mental health providers	CMS, National Provider Identification	2013
Quality of Care	Preventable hospital stays	Medicare/Dartmouth Institute	2011
	Diabetic screening	Medicare/Dartmouth Institute	2011
	Mammography screening	Medicare/Dartmouth Institute	2011
SOCIAL AND ECONOMIC FACTORS			
Education	High school graduation	data.gov, supplemented with National Center for Education Statistics	2010-2011
	Some college	American Community Survey	2008-2012
Employment	Unemployment	Bureau of Labor Statistics	2012
Income	Children in poverty	Small Area Income and Poverty Estimates	2012
Family and Social Support	Inadequate social support	Behavioral Risk Factor Surveillance System	2005-2010
	Children in single-parent households	American Community Survey	2008-2012
Community Safety	Violent crime	Uniform Crime Reporting - FBI	2009-2011
	Injury deaths	CDC WONDER	2006-2010
PHYSICAL ENVIRONMENT			
Air and Water Quality	Air pollution - particulate matter [1]	CDC WONDER	2011
	Drinking water violations	Safe Drinking Water Information System	FY 2012-2013
Housing and Transit	Severe housing problems	HUD, Comprehensive Housing Affordability Strategy	2006-2010
	Driving alone to work	American Community Survey	2008-2012
	Long commute – driving alone	American Community Survey	2008-2012

[1] Not available for AK and HI.

CREDITS

County Health
Rankings & Roadmaps

Building a Culture of Health, County by County

countyhealthrankings.org

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