



County Health Rankings & Roadmaps

A Healthier Nation, County by County

2013 *Rankings* Ohio



Introduction

Where we live matters to our health. The health of a community depends on many different factors, including the environment, education and jobs, access to and quality of healthcare, and individual behaviors. We can improve a community's health by implementing effective policies and programs. For example, people who live in communities with smoke-free laws are less likely to smoke or to be exposed to second-hand smoke, which reduces lung cancer risk. In addition, people who live in communities with safe and accessible park and recreation space are more likely to exercise, which reduces heart disease risk.

However, health varies greatly across communities, with some places being much healthier than others. And, until now, there has been no standard method to illustrate what we know about what makes people sick or healthy or a central resource to identify what we can do to create healthier places to live, learn, work and play.

We know that much of what influences our health happens outside of the doctor's office – in our schools, workplaces and neighborhoods. The *County Health Rankings & Roadmaps* program provides information on the overall health of your community and provides the tools necessary to create community-based, evidence-informed solutions. Ranking the health of nearly every county across the nation, the *County Health Rankings* illustrate **what we know** when it comes to what is making communities sick or healthy. The *County Health Roadmaps* show **what we can do** to create healthier places to live, learn, work and play. The Robert Wood Johnson Foundation collaborates with the University of Wisconsin

Population Health Institute to bring this groundbreaking program to counties and states across the nation.

The *County Health Rankings & Roadmaps* program includes the *County Health Rankings* project, launched in 2010, and the newer *Roadmaps* project that mobilizes local communities, national partners and leaders across all sectors to improve health. The program is based on this model of population health improvement:



In this model, health outcomes are measures that describe the current health status of a county. These health outcomes are influenced by a set of health factors. Counties can improve health outcomes by addressing all health factors with effective, evidence-informed policies and programs.

Everyone has a stake in community health. We all need to work together to find solutions. The *County Health Rankings & Roadmaps* serve as both a call to action and a needed tool in this effort.

Guide to Our Web Site

To compile the *Rankings*, we selected measures that reflect important aspects of population health that can be improved and are available at the county level across the nation. Visit www.countyhealthrankings.org to learn more.

To get started and see data, enter your county or state name in the search box. Click on the name of a county or measure to see more details. You can: Compare Counties; Download data for your state; Print one or more county

snapshots; or Share information with others via Facebook, Twitter, or Google+. To understand our methods, click on Learn about the Data and Methods. You can also take advantage of the Using the *Rankings* Data guide to help you explore the data and figure out more about what is driving your community's health. To learn about what you can do to improve health in your community, visit the *Roadmaps to Health* Action Center. Finally, you can learn what others are doing by reading Communities Stories and visiting the Project Showcase.

County Health Roadmaps

The *Rankings* illustrate **what we know** when it comes to making people sick or healthy. The *County Health Rankings* confirm the critical role that factors such as education, jobs, income and the environment play in how healthy people are and how long we live.

The *County Health Roadmaps* mobilizes local communities, national partners and leaders across all sectors to improve health. The *County Health Roadmaps* show **what we can do** to create healthier places to live, learn, work and play. The Robert Wood Johnson Foundation (RWJF) collaborates with the University of Wisconsin Population Health Institute (UWPHI) to bring this groundbreaking project to cities, counties and states across the nation.

The *Roadmaps* project includes grants to local coalitions and partnerships among policymakers, business, education, public health, health care, and community organizations; grants to national organizations working to improve health; recognition of communities whose promising efforts have led to better health; and customized guidance on strategies to improve health.

Roadmaps to Health Community Grants

The *Roadmaps to Health* Community Grants provide funding for 2 years to thirty state and local efforts among policymakers, business, education, healthcare, public health and community organizations working to create positive policy or systems changes that address the social and economic factors that influence the health of people in their community.

Roadmaps to Health Partner Grants

RWJF is awarding *Roadmaps to Health* Partner Grants to national organizations that are experienced at engaging local partners and leaders and are able to deliver high-quality training and technical assistance, and committed to making communities healthier places to live, learn, work and play. Partner grantees increase awareness about the *County Health Rankings & Roadmaps* to their members, affiliates and allies. As of February 2013, RWJF has awarded partner grants to United Way Worldwide, National Business Coalition on Health, and National Association of Counties.

RWJF Roadmaps to Health Prize

In February 2013, RWJF awarded the first *RWJF Roadmaps to Health* Prizes of \$25,000 to six communities that are working to become healthier places to live, learn, work and play. The *RWJF Roadmaps to Health* Prize is intended not only to honor successful efforts, but also to inspire and stimulate similar activities in other U.S. communities.



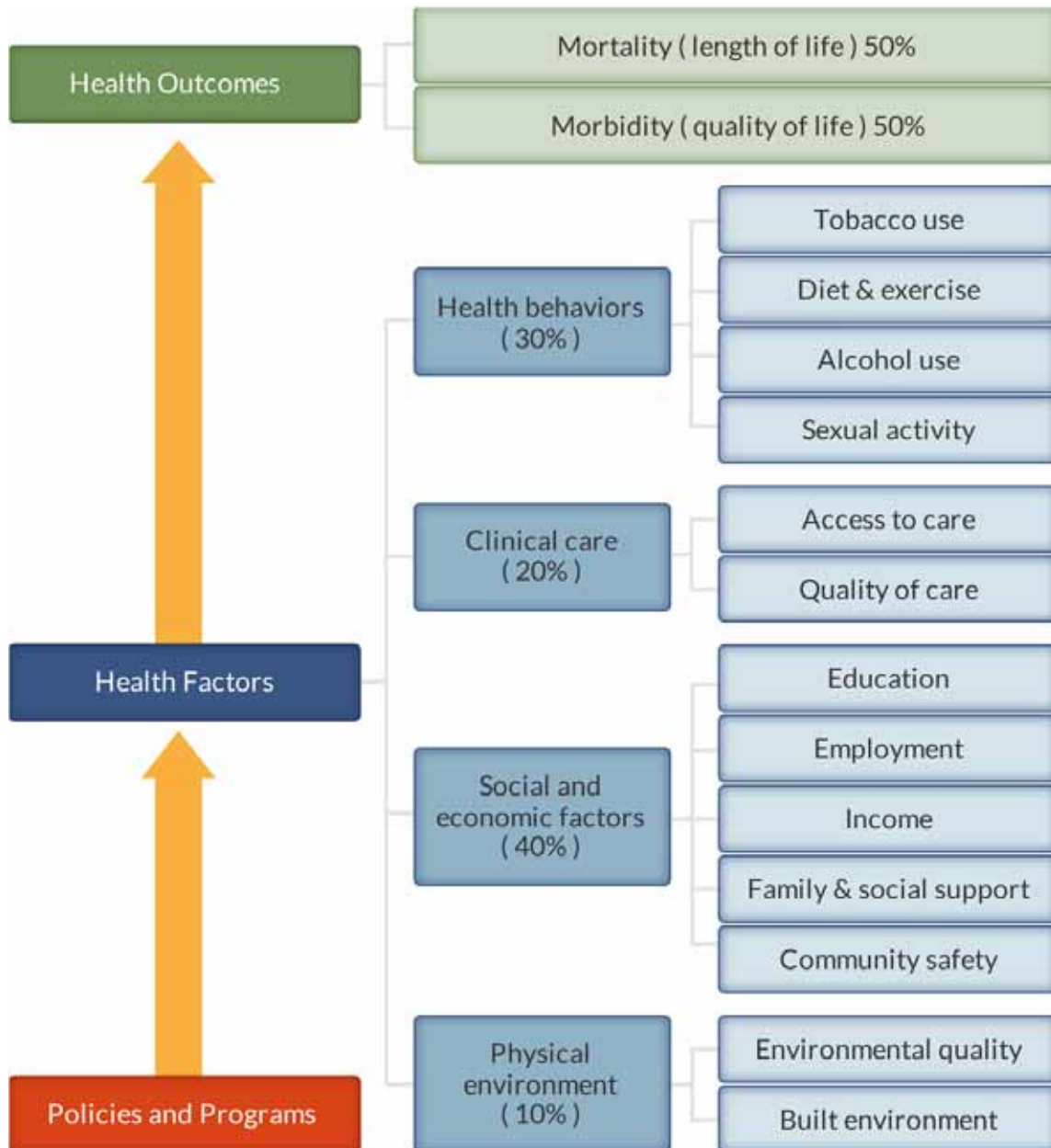
Roadmaps to Health Action Center

The *Roadmaps to Health* Action Center, based at UWPHI, provides tools and guidance to help groups working to make their communities healthier places. The Action Center website provides guidance on developing strategies and advocacy efforts to advance pro-health policies, opportunities for ongoing learning, and a searchable database of evidence-informed policies and programs focused on health improvement: *What Works for Health*. Action Center staff provide customized consultation via email and telephone to those seeking more information about how to improve health. Coaching, including possible on-site visits, is also available for communities who have demonstrated the willingness and capacity to address factors that we know influence how healthy a person is, such as education, income and family connectedness.

County Health Rankings

The 2013 *County Health Rankings* report ranks Ohio counties according to their summary measures of **health outcomes** and **health factors**. Counties also receive a rank for mortality, morbidity, health behaviors, clinical care, social and economic factors, and the physical environment. The figure below depicts the structure of the *Rankings* model; those having high ranks (e.g., 1 or 2) are estimated to be the “healthiest.”

Our summary **health outcomes** rankings are based on an equal weighting of mortality and morbidity measures. The summary **health factors** rankings are based on weighted scores of four types of factors: behavioral, clinical, social and economic, and environmental. The weights for the factors (shown in parentheses in the figure) are based upon a review of the literature and expert input, but represent just one way of combining these factors.

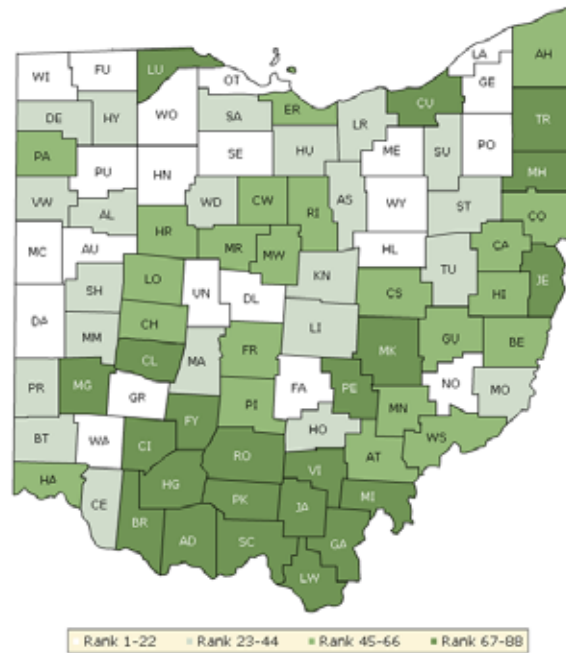


County Health Rankings model ©2012 UWPHI

The maps on this page and the next display Ohio's counties divided into groups by health rank. Maps help locate the healthiest and least healthy counties in the state. The lighter colors indicate better

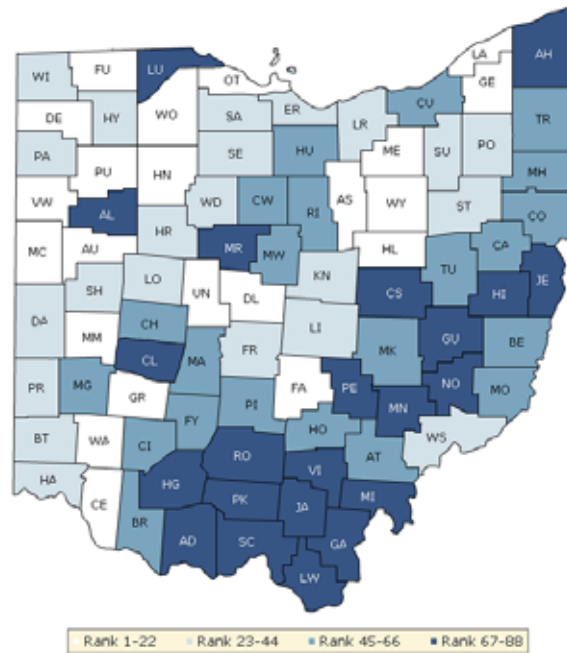
performance in the respective summary rankings. The green map shows the distribution of summary health outcomes. The blue displays the distribution of the summary rank for health factors.

HEALTH OUTCOMES



County	Rank	County	Rank	County	Rank	County	Rank
Adams	85	Fairfield	13	Licking	32	Portage	20
Allen	35	Fayette	79	Logan	45	Preble	40
Ashland	23	Franklin	58	Lorain	29	Putnam	2
Ashtabula	60	Fulton	10	Lucas	68	Richland	52
Athens	61	Gallia	81	Madison	44	Ross	83
Auglaize	15	Geauga	1	Mahoning	75	Sandusky	38
Belmont	56	Greene	14	Marion	66	Scioto	88
Brown	70	Guernsey	48	Medina	4	Seneca	18
Butler	36	Hamilton	65	Meigs	84	Shelby	25
Carroll	53	Hancock	12	Mercer	6	Stark	39
Champaign	47	Hardin	59	Miami	34	Summit	41
Clark	72	Harrison	63	Monroe	43	Trumbull	71
Clermont	33	Henry	27	Montgomery	74	Tuscarawas	24
Clinton	76	Highland	78	Morgan	62	Union	9
Columbiana	50	Hocking	42	Morrow	49	Van Wert	26
Coshocton	64	Holmes	5	Muskingum	73	Vinton	77
Crawford	57	Huron	31	Noble	21	Warren	8
Cuyahoga	67	Jackson	86	Ottawa	11	Washington	46
Darke	22	Jefferson	80	Paulding	55	Wayne	16
Defiance	28	Knox	30	Perry	69	Williams	19
Delaware	3	Lake	17	Pickaway	51	Wood	7
Erie	54	Lawrence	87	Pike	82	Wyandot	37

HEALTH FACTORS



County	Rank	County	Rank	County	Rank	County	Rank
Adams	84	Fairfield	13	Licking	24	Portage	26
Allen	74	Fayette	52	Logan	34	Preble	43
Ashland	15	Franklin	41	Lorain	42	Putnam	6
Ashtabula	77	Fulton	16	Lucas	78	Richland	58
Athens	51	Gallia	69	Madison	46	Ross	79
Auglaize	11	Geauga	3	Mahoning	57	Sandusky	38
Belmont	54	Greene	8	Marion	80	Scioto	88
Brown	66	Guernsey	73	Medina	4	Seneca	32
Butler	33	Hamilton	36	Meigs	83	Shelby	30
Carroll	47	Hancock	9	Mercer	5	Stark	37
Champaign	49	Hardin	44	Miami	20	Summit	29
Clark	70	Harrison	67	Monroe	63	Trumbull	62
Clermont	19	Henry	23	Montgomery	50	Tuscarawas	53
Clinton	55	Highland	75	Morgan	76	Union	10
Columbiana	65	Hocking	61	Morrow	56	Van Wert	17
Coshocton	71	Holmes	21	Muskingum	59	Vinton	86
Crawford	64	Huron	60	Noble	72	Warren	2
Cuyahoga	45	Jackson	82	Ottawa	22	Washington	28
Darke	27	Jefferson	85	Paulding	39	Wayne	18
Defiance	14	Knox	40	Perry	68	Williams	31
Delaware	1	Lake	12	Pickaway	48	Wood	7
Erie	35	Lawrence	81	Pike	87	Wyandot	25

Summary Health Outcomes & Health Factors Rankings

Counties receive two summary ranks:

- Health Outcomes
- Health Factors

Each of these ranks represents a weighted summary of a number of measures.

Health outcomes represent how healthy a county is while health factors represent what influences the health of the county.

Rank	Health Outcomes	Rank	Health Factors
1	Geauga	1	Delaware
2	Putnam	2	Warren
3	Delaware	3	Geauga
4	Medina	4	Medina
5	Holmes	5	Mercer
6	Mercer	6	Putnam
7	Wood	7	Wood
8	Warren	8	Greene
9	Union	9	Hancock
10	Fulton	10	Union
11	Ottawa	11	Auglaize
12	Hancock	12	Lake
13	Fairfield	13	Fairfield
14	Greene	14	Defiance
15	Auglaize	15	Ashland
16	Wayne	16	Fulton
17	Lake	17	Van Wert
18	Seneca	18	Wayne
19	Williams	19	Clermont
20	Portage	20	Miami
21	Noble	21	Holmes
22	Darke	22	Ottawa
23	Ashland	23	Henry
24	Tuscarawas	24	Licking
25	Shelby	25	Wyandot
26	Van Wert	26	Portage
27	Henry	27	Darke
28	Defiance	28	Washington
29	Lorain	29	Summit
30	Knox	30	Shelby
31	Huron	31	Williams
32	Licking	32	Seneca
33	Clermont	33	Butler
34	Miami	34	Logan
35	Allen	35	Erie
36	Butler	36	Hamilton
37	Wyandot	37	Stark
38	Sandusky	38	Sandusky
39	Stark	39	Paulding
40	Preble	40	Knox
41	Summit	41	Franklin
42	Hocking	42	Lorain

Rank	Health Outcomes	Rank	Health Factors
43	Monroe	43	Preble
44	Madison	44	Hardin
45	Logan	45	Cuyahoga
46	Washington	46	Madison
47	Champaign	47	Carroll
48	Guernsey	48	Pickaway
49	Morrow	49	Champaign
50	Columbiana	50	Montgomery
51	Pickaway	51	Athens
52	Richland	52	Fayette
53	Carroll	53	Tuscarawas
54	Erie	54	Belmont
55	Paulding	55	Clinton
56	Belmont	56	Morrow
57	Crawford	57	Mahoning
58	Franklin	58	Richland
59	Hardin	59	Muskingum
60	Ashtabula	60	Huron
61	Athens	61	Hocking
62	Morgan	62	Trumbull
63	Harrison	63	Monroe
64	Coshocton	64	Crawford
65	Hamilton	65	Columbiana
66	Marion	66	Brown
67	Cuyahoga	67	Harrison
68	Lucas	68	Perry
69	Perry	69	Gallia
70	Brown	70	Clark
71	Trumbull	71	Coshocton
72	Clark	72	Noble
73	Muskingum	73	Guernsey
74	Montgomery	74	Allen
75	Mahoning	75	Highland
76	Clinton	76	Morgan
77	Vinton	77	Ashtabula
78	Highland	78	Lucas
79	Fayette	79	Ross
80	Jefferson	80	Marion
81	Gallia	81	Lawrence
82	Pike	82	Jackson
83	Ross	83	Meigs
84	Meigs	84	Adams
85	Adams	85	Jefferson
86	Jackson	86	Vinton
87	Lawrence	87	Pike
88	Scioto	88	Scioto

2013 County Health Rankings: Measures, Data Sources, and Years of Data

	Measure	Data Source	Years of Data
HEALTH OUTCOMES			
Mortality	Premature death	National Center for Health Statistics	2008-2010
Morbidity	Poor or fair health	Behavioral Risk Factor Surveillance System	2005-2011
	Poor physical health days	Behavioral Risk Factor Surveillance System	2005-2011
	Poor mental health days	Behavioral Risk Factor Surveillance System	2005-2011
	Low birthweight	National Center for Health Statistics	2004-2010
HEALTH FACTORS			
HEALTH BEHAVIORS			
Tobacco Use	Adult smoking	Behavioral Risk Factor Surveillance System	2005-2011
Diet and Exercise	Adult obesity	National Center for Chronic Disease Prevention and Health Promotion	2009
	Physical inactivity	National Center for Chronic Disease Prevention and Health Promotion	2009
Alcohol Use	Excessive drinking	Behavioral Risk Factor Surveillance System	2005-2011
	Motor vehicle crash death rate	National Center for Health Statistics	2004-2010
Sexual Activity	Sexually transmitted infections	National Center for HIV/AIDS, Viral Hepatitis, STD, and TB prevention	2010
	Teen birth rate	National Center for Health Statistics	2004-2010
CLINICAL CARE			
Access to Care	Uninsured	Small Area Health Insurance Estimates	2010
	Primary care physicians	HRSA Area Resource File	2011-2012
	Dentists	HRSA Area Resource File	2011-2012
Quality of Care	Preventable hospital stays	Medicare/Dartmouth Institute	2010
	Diabetic screening	Medicare/Dartmouth Institute	2010
	Mammography screening	Medicare/Dartmouth Institute	2010
SOCIAL AND ECONOMIC FACTORS			
Education	High school graduation	Primarily state-specific sources, supplemented with National Center for Education Statistics	State-specific
	Some college	American Community Survey	2007-2011
Employment	Unemployment	Bureau of Labor Statistics	2011
Income	Children in poverty	Small Area Income and Poverty Estimates	2011
Family and Social Support	Inadequate social support	Behavioral Risk Factor Surveillance System	2005-2010
	Children in single-parent households	American Community Survey	2007-2011
Community Safety	Violent crime rate	Federal Bureau of Investigation	2008-2010
PHYSICAL ENVIRONMENT			
Environmental Quality	Daily fine particulate matter ¹	CDC WONDER Environmental data	2008
	Drinking water safety	Safe Drinking Water Information System	FY 2012
Built Environment	Access to recreational facilities	Census County Business Patterns	2010
	Limited access to healthy foods	USDA Food Environment Atlas	2012
	Fast food restaurants	Census County Business Patterns	2010

¹ Not available for AK and HI.

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This publication would not have been possible without the following contributions:

Data

Centers for Disease Control and Prevention: National Center for Health Statistics and Division of Behavioral Surveillance
Dartmouth Institute for Health Policy & Clinical Practice

Research Assistance

Jennifer Buechner
Hyojun Park, MA
Elizabeth Pollock
Jennifer Robinson
Matthew Rodock, MPH
Anne Roubal, MS

Communications and Outreach

Burness Communications
Anna Graupner, MPH
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Karen Odegaard, MPH
Jan O'Neill, MPA
Angela Russell, MS
Julie Willems Van Dijk, PhD, RN

Design

Forum One, Alexandria, VA

Robert Wood Johnson Foundation

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Michelle Larkin, JD, MS, RN – Assistant Vice-President and Deputy Director, Health Group
James S. Marks, MD, MPH – Senior Vice-President and Group Director, Health Group
Joe Marx – Senior Communications Officer

Suggested citation: University of Wisconsin Population Health Institute. *County Health Rankings 2013*.



countyhealthrankings.org



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