



County Health Rankings & Roadmaps

A Healthier Nation, County by County

2013 *Rankings* Texas



Introduction

Where we live matters to our health. The health of a community depends on many different factors, including the environment, education and jobs, access to and quality of healthcare, and individual behaviors. We can improve a community's health by implementing effective policies and programs. For example, people who live in communities with smoke-free laws are less likely to smoke or to be exposed to second-hand smoke, which reduces lung cancer risk. In addition, people who live in communities with safe and accessible park and recreation space are more likely to exercise, which reduces heart disease risk.

However, health varies greatly across communities, with some places being much healthier than others. And, until now, there has been no standard method to illustrate what we know about what makes people sick or healthy or a central resource to identify what we can do to create healthier places to live, learn, work and play.

We know that much of what influences our health happens outside of the doctor's office – in our schools, workplaces and neighborhoods. The *County Health Rankings & Roadmaps* program provides information on the overall health of your community and provides the tools necessary to create community-based, evidence-informed solutions. Ranking the health of nearly every county across the nation, the *County Health Rankings* illustrate **what we know** when it comes to what is making communities sick or healthy. The *County Health Roadmaps* show **what we can do** to create healthier places to live, learn, work and play. The Robert Wood Johnson Foundation collaborates with the University of Wisconsin

Population Health Institute to bring this groundbreaking program to counties and states across the nation.

The *County Health Rankings & Roadmaps* program includes the *County Health Rankings* project, launched in 2010, and the newer *Roadmaps* project that mobilizes local communities, national partners and leaders across all sectors to improve health. The program is based on this model of population health improvement:



In this model, health outcomes are measures that describe the current health status of a county. These health outcomes are influenced by a set of health factors. Counties can improve health outcomes by addressing all health factors with effective, evidence-informed policies and programs.

Everyone has a stake in community health. We all need to work together to find solutions. The *County Health Rankings & Roadmaps* serve as both a call to action and a needed tool in this effort.

Guide to Our Web Site

To compile the *Rankings*, we selected measures that reflect important aspects of population health that can be improved and are available at the county level across the nation. Visit www.countyhealthrankings.org to learn more.

To get started and see data, enter your county or state name in the search box. Click on the name of a county or measure to see more details. You can: Compare Counties; Download data for your state; Print one or more county

snapshots; or Share information with others via Facebook, Twitter, or Google+. To understand our methods, click on Learn about the Data and Methods. You can also take advantage of the Using the *Rankings* Data guide to help you explore the data and figure out more about what is driving your community's health. To learn about what you can do to improve health in your community, visit the *Roadmaps to Health* Action Center. Finally, you can learn what others are doing by reading Communities Stories and visiting the Project Showcase.

County Health Roadmaps

The *Rankings* illustrate **what we know** when it comes to making people sick or healthy. The *County Health Rankings* confirm the critical role that factors such as education, jobs, income and the environment play in how healthy people are and how long we live.

The *County Health Roadmaps* mobilizes local communities, national partners and leaders across all sectors to improve health. The *County Health Roadmaps* show **what we can do** to create healthier places to live, learn, work and play. The Robert Wood Johnson Foundation (RWJF) collaborates with the University of Wisconsin Population Health Institute (UWPHI) to bring this groundbreaking project to cities, counties and states across the nation.

The *Roadmaps* project includes grants to local coalitions and partnerships among policymakers, business, education, public health, health care, and community organizations; grants to national organizations working to improve health; recognition of communities whose promising efforts have led to better health; and customized guidance on strategies to improve health.

Roadmaps to Health Community Grants

The *Roadmaps to Health* Community Grants provide funding for 2 years to thirty state and local efforts among policymakers, business, education, healthcare, public health and community organizations working to create positive policy or systems changes that address the social and economic factors that influence the health of people in their community.

Roadmaps to Health Partner Grants

RWJF is awarding *Roadmaps to Health* Partner Grants to national organizations that are experienced at engaging local partners and leaders and are able to deliver high-quality training and technical assistance, and committed to making communities healthier places to live, learn, work and play. Partner grantees increase awareness about the *County Health Rankings & Roadmaps* to their members, affiliates and allies. As of February 2013, RWJF has awarded partner grants to United Way Worldwide, National Business Coalition on Health, and National Association of Counties.

RWJF Roadmaps to Health Prize

In February 2013, RWJF awarded the first *RWJF Roadmaps to Health* Prizes of \$25,000 to six communities that are working to become healthier places to live, learn, work and play. The *RWJF Roadmaps to Health* Prize is intended not only to honor successful efforts, but also to inspire and stimulate similar activities in other U.S. communities.



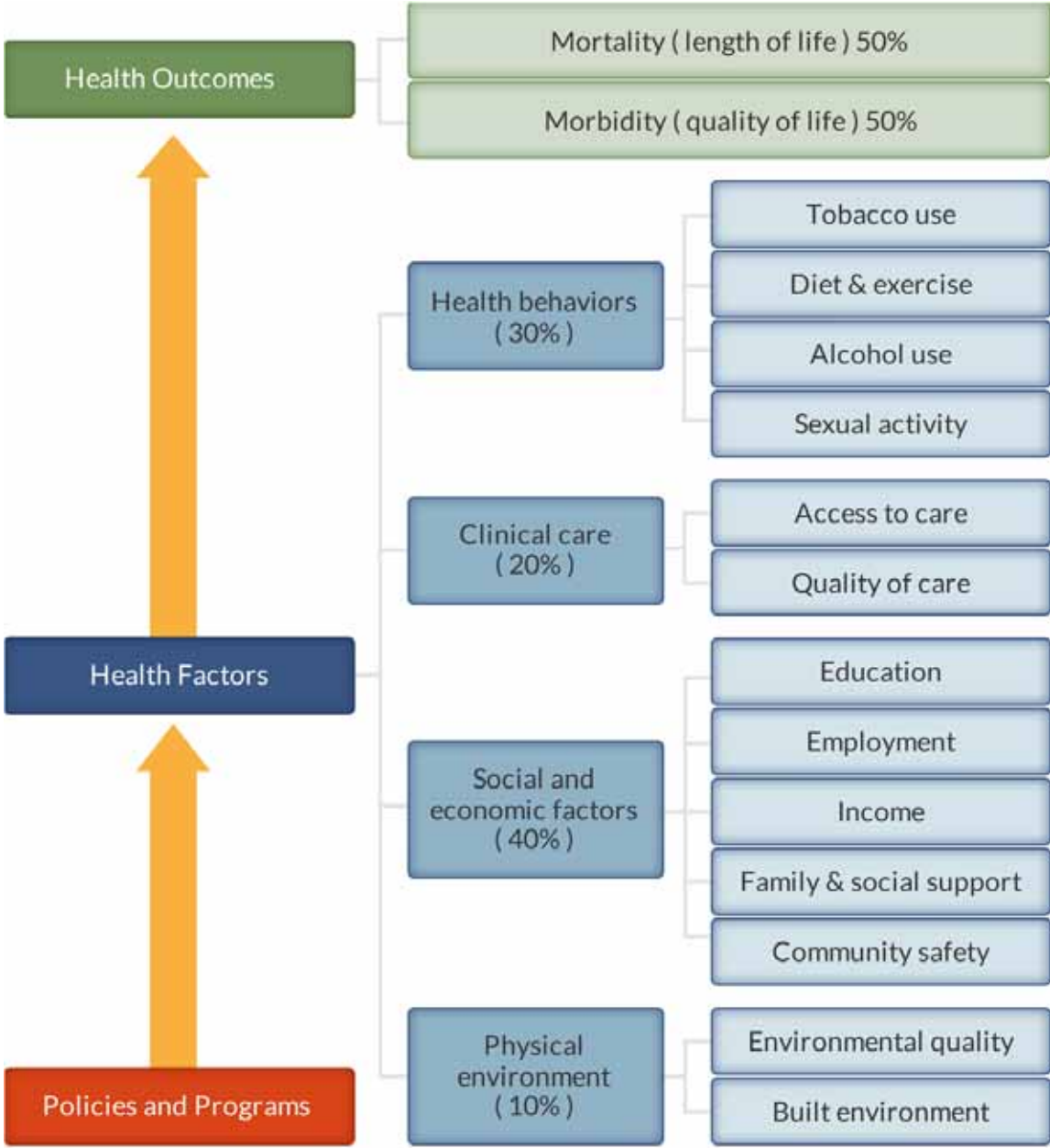
Roadmaps to Health Action Center

The *Roadmaps to Health* Action Center, based at UWPHI, provides tools and guidance to help groups working to make their communities healthier places. The Action Center website provides guidance on developing strategies and advocacy efforts to advance pro-health policies, opportunities for ongoing learning, and a searchable database of evidence-informed policies and programs focused on health improvement: *What Works for Health*. Action Center staff provide customized consultation via email and telephone to those seeking more information about how to improve health. Coaching, including possible on-site visits, is also available for communities who have demonstrated the willingness and capacity to address factors that we know influence how healthy a person is, such as education, income and family connectedness.

County Health Rankings

The 2013 *County Health Rankings* report ranks Texas counties according to their summary measures of **health outcomes** and **health factors**. Counties also receive a rank for mortality, morbidity, health behaviors, clinical care, social and economic factors, and the physical environment. The figure below depicts the structure of the *Rankings* model; those having high ranks (e.g., 1 or 2) are estimated to be the “healthiest.”

Our summary **health outcomes** rankings are based on an equal weighting of mortality and morbidity measures. The summary **health factors** rankings are based on weighted scores of four types of factors: behavioral, clinical, social and economic, and environmental. The weights for the factors (shown in parentheses in the figure) are based upon a review of the literature and expert input, but represent just one way of combining these factors.

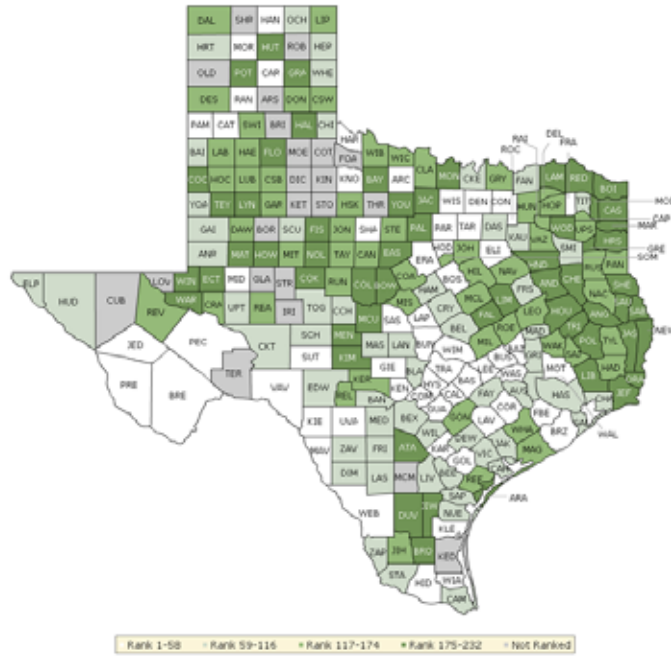


County Health Rankings model ©2012 UWPHI

The maps on this page and the next display Texas’s counties divided into groups by health rank. Maps help locate the healthiest and least healthy counties in the state. The lighter colors indicate better

performance in the respective summary rankings. The green map shows the distribution of summary health outcomes. The blue displays the distribution of the summary rank for health factors.

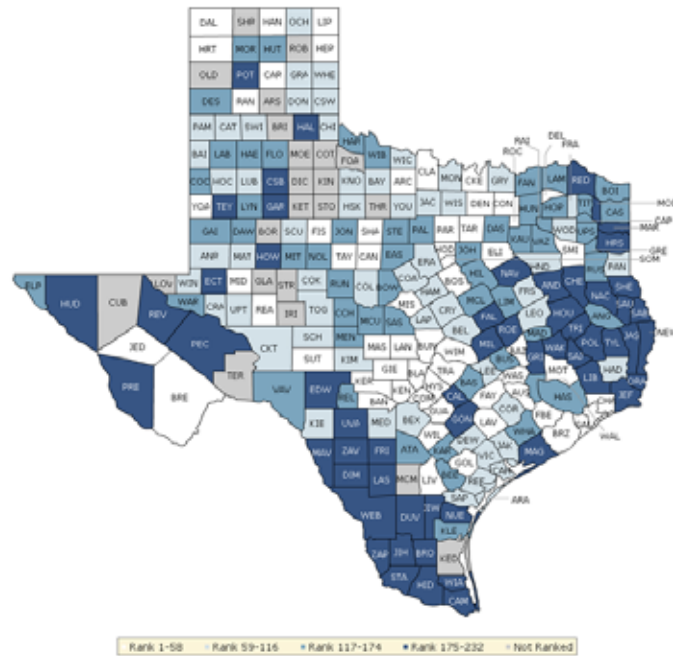
HEALTH OUTCOMES



| County | Rank | County | Rank | County | Rank | County | Rank |
|-----------|------|-----------|------|-----------|------|---------------|------|
| Anderson | 199 | Donley | 158 | Kaufman | 101 | Real | 137 |
| Andrews | 114 | Duval | 176 | Kendall | 5 | Red River | 225 |
| Angelina | 189 | Eastland | 211 | Kenedy | NR | Reeves | 163 |
| Aransas | 204 | Ector | 201 | Kent | NR | Refugio | 130 |
| Archer | 29 | Edwards | 115 | Kerr | 156 | Roberts | NR |
| Armstrong | NR | El Paso | 66 | Kimble | 228 | Robertson | 169 |
| Atascosa | 177 | Ellis | 23 | King | NR | Rockwall | 4 |
| Austin | 69 | Erath | 10 | Kinney | 40 | Runnels | 155 |
| Bailey | 89 | Falls | 198 | Kleberg | 39 | Rusk | 171 |
| Bandera | 68 | Fannin | 113 | Knox | 35 | Sabine | 187 |
| Bastrop | 24 | Fayette | 82 | La Salle | 100 | San Augustine | 231 |
| Baylor | 219 | Fisher | 202 | Lamar | 183 | San Jacinto | 168 |
| Bee | 109 | Floyd | 192 | Lamb | 150 | San Patricio | 102 |
| Bell | 96 | Foard | NR | Lampasas | 17 | San Saba | 48 |
| Bexar | 86 | Fort Bend | 13 | Lavaca | 18 | Schleicher | 90 |
| Blanco | 76 | Franklin | 28 | Lee | 31 | Scurry | 94 |
| Borden | NR | Freestone | 104 | Leon | 136 | Shackelford | 51 |
| Bosque | 55 | Frio | 99 | Liberty | 210 | Shelby | 230 |
| Bowie | 193 | Gaines | 93 | Limestone | 216 | Sherman | NR |
| Brazoria | 32 | Galveston | 79 | Lipscomb | 126 | Smith | 83 |
| Brazos | 16 | Garza | 162 | Live Oak | 87 | Somervell | 128 |
| Brewster | 36 | Gillespie | 8 | Llano | 63 | Starr | 108 |
| Briscoe | NR | Glasscock | NR | Loving | NR | Stephens | 135 |
| Brooks | 229 | Goliad | 7 | Lubbock | 159 | Sterling | NR |
| Brown | 203 | Gonzales | 146 | Lynn | 195 | Stonewall | NR |
| Burleson | 58 | Gray | 209 | Madison | 91 | Sutton | 20 |

| County | Rank | County | Rank | County | Rank | County | Rank |
|---------------|------|------------|------|-------------|------|--------------|------|
| Burnet | 15 | Grayson | 166 | Marion | 205 | Swisher | 143 |
| Caldwell | 27 | Gregg | 185 | Martin | 190 | Tarrant | 37 |
| Calhoun | 62 | Grimes | 110 | Mason | 84 | Taylor | 173 |
| Callahan | 174 | Guadalupe | 25 | Matagorda | 145 | Terrell | NR |
| Cameron | 59 | Hale | 121 | Maverick | 56 | Terry | 207 |
| Camp | 172 | Hall | 184 | McCulloch | 175 | Throckmorton | NR |
| Carson | 44 | Hamilton | 74 | McLennan | 147 | Titus | 80 |
| Cass | 218 | Hansford | 53 | McMullen | NR | Tom Green | 78 |
| Castro | 22 | Hardeman | 11 | Medina | 65 | Travis | 12 |
| Chambers | 71 | Hardin | 160 | Menard | 208 | Trinity | 188 |
| Cherokee | 181 | Harris | 70 | Midland | 38 | Tyler | 165 |
| Childress | 92 | Harrison | 179 | Milam | 131 | Upshur | 157 |
| Clay | 133 | Hartley | 77 | Mills | 164 | Upton | 112 |
| Cochran | 223 | Haskell | 123 | Mitchell | 138 | Uvalde | 57 |
| Coke | 226 | Hays | 14 | Montague | 178 | Val Verde | 42 |
| Coleman | 217 | Hemphill | 61 | Montgomery | 45 | Van Zandt | 161 |
| Collin | 2 | Henderson | 186 | Moore | 46 | Victoria | 88 |
| Collingsworth | 132 | Hidalgo | 41 | Morris | 220 | Walker | 149 |
| Colorado | 50 | Hill | 154 | Motley | NR | Waller | 73 |
| Comal | 9 | Hockley | 124 | Nacogdoches | 167 | Ward | 194 |
| Comanche | 142 | Hood | 49 | Navarro | 125 | Washington | 21 |
| Concho | 103 | Hopkins | 122 | Newton | 221 | Webb | 34 |
| Cooke | 106 | Houston | 191 | Nolan | 213 | Wharton | 119 |
| Coryell | 98 | Howard | 212 | Nueces | 107 | Wheeler | 97 |
| Cottle | NR | Hudspeth | 111 | Ochiltree | 60 | Wichita | 152 |
| Crane | 141 | Hunt | 134 | Oldham | NR | Wilbarger | 144 |
| Crockett | 72 | Hutchinson | 227 | Orange | 224 | Willacy | 26 |
| Crosby | 148 | Irion | NR | Palo Pinto | 180 | Williamson | 1 |
| Culberson | NR | Jack | 222 | Panola | 151 | Wilson | 64 |
| Dallam | 129 | Jackson | 95 | Parker | 30 | Winkler | 206 |
| Dallas | 67 | Jasper | 214 | Parmer | 19 | Wise | 54 |
| Dawson | 118 | Jeff Davis | 47 | Pecos | 33 | Wood | 200 |
| Deaf Smith | 117 | Jefferson | 196 | Polk | 232 | Yoakum | 105 |
| Delta | 153 | Jim Hogg | 139 | Potter | 215 | Young | 182 |
| Denton | 3 | Jim Wells | 197 | Presidio | 6 | Zapata | 81 |
| DeWitt | 85 | Johnson | 140 | Rains | 120 | Zavala | 116 |
| Dickens | NR | Jones | 127 | Randall | 43 | | |
| Dimmit | 75 | Karnes | 52 | Reagan | 170 | | |

HEALTH FACTORS



| County | Rank | County | Rank | County | Rank | County | Rank |
|-----------|------|-----------|------|-----------|------|---------------|------|
| Anderson | 196 | Donley | 99 | Kaufman | 141 | Real | 134 |
| Andrews | 101 | Duval | 223 | Kendall | 1 | Red River | 217 |
| Angelina | 172 | Eastland | 138 | Kenedy | NR | Reeves | 221 |
| Aransas | 74 | Ector | 215 | Kent | NR | Refugio | 90 |
| Archer | 18 | Edwards | 211 | Kerr | 47 | Roberts | NR |
| Armstrong | NR | El Paso | 152 | Kimble | 73 | Robertson | 191 |
| Atascosa | 142 | Ellis | 48 | King | NR | Rockwall | 6 |
| Austin | 44 | Erath | 79 | Kinney | 114 | Runnels | 169 |
| Bailey | 107 | Falls | 208 | Kleberg | 155 | Rusk | 123 |
| Bandera | 45 | Fannin | 128 | Knox | 83 | Sabine | 216 |
| Bastrop | 131 | Fayette | 26 | La Salle | 202 | San Augustine | 222 |
| Baylor | 75 | Fisher | 31 | Lamar | 147 | San Jacinto | 206 |
| Bee | 129 | Floyd | 130 | Lamb | 171 | San Patricio | 105 |
| Bell | 95 | Foard | NR | Lampasas | 76 | San Saba | 135 |
| Bexar | 60 | Fort Bend | 5 | Lavaca | 13 | Schleicher | 72 |
| Blanco | 20 | Franklin | 70 | Lee | 67 | Scurry | 103 |
| Borden | NR | Freestone | 86 | Leon | 112 | Shackelford | 24 |
| Bosque | 49 | Frio | 192 | Liberty | 197 | Shelby | 210 |
| Bowie | 153 | Gaines | 151 | Limestone | 161 | Sherman | NR |
| Brazoria | 23 | Galveston | 53 | Lipscomb | 46 | Smith | 50 |
| Brazos | 30 | Garza | 189 | Live Oak | 36 | Somervell | 21 |
| Brewster | 32 | Gillespie | 4 | Llano | 29 | Starr | 232 |
| Briscoe | NR | Glasscock | NR | Loving | NR | Stephens | 124 |
| Brooks | 230 | Goliad | 15 | Lubbock | 82 | Sterling | NR |
| Brown | 165 | Gonzales | 190 | Lynn | 121 | Stonewall | NR |
| Burleson | 133 | Gray | 110 | Madison | 166 | Sutton | 27 |

| County | Rank | County | Rank | County | Rank | County | Rank |
|---------------|------|------------|------|-------------|------|--------------|------|
| Burnet | 41 | Grayson | 62 | Marion | 195 | Swisher | 113 |
| Caldwell | 177 | Gregg | 154 | Martin | 98 | Tarrant | 52 |
| Calhoun | 68 | Grimes | 184 | Mason | 39 | Taylor | 57 |
| Callahan | 33 | Guadalupe | 38 | Matagorda | 201 | Terrell | NR |
| Cameron | 213 | Hale | 157 | Maverick | 229 | Terry | 183 |
| Camp | 173 | Hall | 185 | McCulloch | 144 | Throckmorton | NR |
| Carson | 11 | Hamilton | 89 | McLennan | 149 | Titus | 160 |
| Cass | 159 | Hansford | 16 | McMullen | NR | Tom Green | 96 |
| Castro | 115 | Hardeman | 139 | Medina | 65 | Travis | 12 |
| Chambers | 51 | Hardin | 63 | Menard | 140 | Trinity | 209 |
| Cherokee | 205 | Harris | 132 | Midland | 40 | Tyler | 178 |
| Childress | 84 | Harrison | 200 | Milam | 188 | Upshur | 119 |
| Clay | 35 | Hartley | 25 | Mills | 54 | Upton | 61 |
| Cochran | 163 | Haskell | 80 | Mitchell | 164 | Uvalde | 193 |
| Coke | 66 | Hays | 17 | Montague | 91 | Val Verde | 168 |
| Coleman | 106 | Hemphill | 9 | Montgomery | 14 | Van Zandt | 127 |
| Collin | 2 | Henderson | 108 | Moore | 137 | Victoria | 116 |
| Collingsworth | 85 | Hidalgo | 228 | Morris | 198 | Walker | 181 |
| Colorado | 59 | Hill | 136 | Motley | NR | Waller | 146 |
| Comal | 8 | Hockley | 92 | Nacogdoches | 179 | Ward | 125 |
| Comanche | 111 | Hood | 42 | Navarro | 180 | Washington | 19 |
| Concho | 117 | Hopkins | 150 | Newton | 212 | Webb | 218 |
| Cooke | 58 | Houston | 199 | Nolan | 170 | Wharton | 122 |
| Coryell | 88 | Howard | 203 | Nueces | 175 | Wheeler | 87 |
| Cottle | NR | Hudspeth | 224 | Ochiltree | 64 | Wichita | 100 |
| Crane | 109 | Hunt | 143 | Oldham | NR | Wilbarger | 148 |
| Crockett | 69 | Hutchinson | 145 | Orange | 204 | Willacy | 227 |
| Crosby | 187 | Irion | NR | Palo Pinto | 120 | Williamson | 3 |
| Culberson | NR | Jack | 102 | Panola | 97 | Wilson | 22 |
| Dallam | 55 | Jackson | 78 | Parker | 34 | Winkler | 93 |
| Dallas | 158 | Jasper | 186 | Parmer | 104 | Wise | 71 |
| Dawson | 174 | Jeff Davis | 28 | Pecos | 182 | Wood | 77 |
| Deaf Smith | 167 | Jefferson | 207 | Polk | 219 | Yoakum | 37 |
| Delta | 56 | Jim Hogg | 176 | Potter | 220 | Young | 81 |
| Denton | 10 | Jim Wells | 214 | Presidio | 194 | Zapata | 226 |
| DeWitt | 94 | Johnson | 118 | Rains | 126 | Zavala | 231 |
| Dickens | NR | Jones | 162 | Randall | 7 | | |
| Dimmit | 225 | Karnes | 156 | Reagan | 43 | | |

Summary Health Outcomes & Health Factors Rankings

Counties receive two summary ranks:

- Health Outcomes
- Health Factors

Each of these ranks represents a weighted summary of a number of measures.

Health outcomes represent how healthy a county is while health factors represent what influences the health of the county.

| Rank | Health Outcomes | Rank | Health Factors |
|------|-----------------|------|----------------|
| 1 | Williamson | 1 | Kendall |
| 2 | Collin | 2 | Collin |
| 3 | Denton | 3 | Williamson |
| 4 | Rockwall | 4 | Gillespie |
| 5 | Kendall | 5 | Fort Bend |
| 6 | Presidio | 6 | Rockwall |
| 7 | Goliad | 7 | Randall |
| 8 | Gillespie | 8 | Comal |
| 9 | Comal | 9 | Hemphill |
| 10 | Erath | 10 | Denton |
| 11 | Hardeman | 11 | Carson |
| 12 | Travis | 12 | Travis |
| 13 | Fort Bend | 13 | Lavaca |
| 14 | Hays | 14 | Montgomery |
| 15 | Burnet | 15 | Goliad |
| 16 | Brazos | 16 | Hansford |
| 17 | Lampasas | 17 | Hays |
| 18 | Lavaca | 18 | Archer |
| 19 | Parmer | 19 | Washington |
| 20 | Sutton | 20 | Blanco |
| 21 | Washington | 21 | Somervell |
| 22 | Castro | 22 | Wilson |
| 23 | Ellis | 23 | Brazoria |
| 24 | Bastrop | 24 | Shackelford |
| 25 | Guadalupe | 25 | Hartley |
| 26 | Willacy | 26 | Fayette |
| 27 | Caldwell | 27 | Sutton |
| 28 | Franklin | 28 | Jeff Davis |
| 29 | Archer | 29 | Llano |
| 30 | Parker | 30 | Brazos |
| 31 | Lee | 31 | Fisher |
| 32 | Brazoria | 32 | Brewster |
| 33 | Pecos | 33 | Callahan |
| 34 | Webb | 34 | Parker |
| 35 | Knox | 35 | Clay |
| 36 | Brewster | 36 | Live Oak |
| 37 | Tarrant | 37 | Yoakum |
| 38 | Midland | 38 | Guadalupe |
| 39 | Kleberg | 39 | Mason |
| 40 | Kinney | 40 | Midland |
| 41 | Hidalgo | 41 | Burnet |
| 42 | Val Verde | 42 | Hood |

| Rank | Health Outcomes | Rank | Health Factors |
|------|-----------------|------|----------------|
| 43 | Randall | 43 | Reagan |
| 44 | Carson | 44 | Austin |
| 45 | Montgomery | 45 | Bandera |
| 46 | Moore | 46 | Lipscomb |
| 47 | Jeff Davis | 47 | Kerr |
| 48 | San Saba | 48 | Ellis |
| 49 | Hood | 49 | Bosque |
| 50 | Colorado | 50 | Smith |
| 51 | Shackelford | 51 | Chambers |
| 52 | Karnes | 52 | Tarrant |
| 53 | Hansford | 53 | Galveston |
| 54 | Wise | 54 | Mills |
| 55 | Bosque | 55 | Dallam |
| 56 | Maverick | 56 | Delta |
| 57 | Uvalde | 57 | Taylor |
| 58 | Burleson | 58 | Cooke |
| 59 | Cameron | 59 | Colorado |
| 60 | Ochiltree | 60 | Bexar |
| 61 | Hemphill | 61 | Upton |
| 62 | Calhoun | 62 | Grayson |
| 63 | Llano | 63 | Hardin |
| 64 | Wilson | 64 | Ochiltree |
| 65 | Medina | 65 | Medina |
| 66 | El Paso | 66 | Coke |
| 67 | Dallas | 67 | Lee |
| 68 | Bandera | 68 | Calhoun |
| 69 | Austin | 69 | Crockett |
| 70 | Harris | 70 | Franklin |
| 71 | Chambers | 71 | Wise |
| 72 | Crockett | 72 | Schleicher |
| 73 | Waller | 73 | Kimble |
| 74 | Hamilton | 74 | Aransas |
| 75 | Dimmit | 75 | Baylor |
| 76 | Blanco | 76 | Lampasas |
| 77 | Hartley | 77 | Wood |
| 78 | Tom Green | 78 | Jackson |
| 79 | Galveston | 79 | Erath |
| 80 | Titus | 80 | Haskell |
| 81 | Zapata | 81 | Young |
| 82 | Fayette | 82 | Lubbock |
| 83 | Smith | 83 | Knox |
| 84 | Mason | 84 | Childress |
| 85 | DeWitt | 85 | Collingsworth |
| 86 | Bexar | 86 | Freestone |
| 87 | Live Oak | 87 | Wheeler |
| 88 | Victoria | 88 | Coryell |
| 89 | Bailey | 89 | Hamilton |
| 90 | Schleicher | 90 | Refugio |
| 91 | Madison | 91 | Montague |

| Rank | Health Outcomes | Rank | Health Factors |
|------|-----------------|------|----------------|
| 92 | Childress | 92 | Hockley |
| 93 | Gaines | 93 | Winkler |
| 94 | Scurry | 94 | DeWitt |
| 95 | Jackson | 95 | Bell |
| 96 | Bell | 96 | Tom Green |
| 97 | Wheeler | 97 | Panola |
| 98 | Coryell | 98 | Martin |
| 99 | Frio | 99 | Donley |
| 100 | La Salle | 100 | Wichita |
| 101 | Kaufman | 101 | Andrews |
| 102 | San Patricio | 102 | Jack |
| 103 | Concho | 103 | Scurry |
| 104 | Freestone | 104 | Parmer |
| 105 | Yoakum | 105 | San Patricio |
| 106 | Cooke | 106 | Coleman |
| 107 | Nueces | 107 | Bailey |
| 108 | Starr | 108 | Henderson |
| 109 | Bee | 109 | Crane |
| 110 | Grimes | 110 | Gray |
| 111 | Hudspeth | 111 | Comanche |
| 112 | Upton | 112 | Leon |
| 113 | Fannin | 113 | Swisher |
| 114 | Andrews | 114 | Kinney |
| 115 | Edwards | 115 | Castro |
| 116 | Zavala | 116 | Victoria |
| 117 | Deaf Smith | 117 | Concho |
| 118 | Dawson | 118 | Johnson |
| 119 | Wharton | 119 | Upshur |
| 120 | Rains | 120 | Palo Pinto |
| 121 | Hale | 121 | Lynn |
| 122 | Hopkins | 122 | Wharton |
| 123 | Haskell | 123 | Rusk |
| 124 | Hockley | 124 | Stephens |
| 125 | Navarro | 125 | Ward |
| 126 | Lipscomb | 126 | Rains |
| 127 | Jones | 127 | Van Zandt |
| 128 | Somervell | 128 | Fannin |
| 129 | Dallam | 129 | Bee |
| 130 | Refugio | 130 | Floyd |
| 131 | Milam | 131 | Bastrop |
| 132 | Collingsworth | 132 | Harris |
| 133 | Clay | 133 | Burleson |
| 134 | Hunt | 134 | Real |
| 135 | Stephens | 135 | San Saba |
| 136 | Leon | 136 | Hill |
| 137 | Real | 137 | Moore |
| 138 | Mitchell | 138 | Eastland |
| 139 | Jim Hogg | 139 | Hardeman |
| 140 | Johnson | 140 | Menard |

| Rank | Health Outcomes | Rank | Health Factors |
|------|-----------------|------|----------------|
| 141 | Crane | 141 | Kaufman |
| 142 | Comanche | 142 | Atascosa |
| 143 | Swisher | 143 | Hunt |
| 144 | Wilbarger | 144 | McCulloch |
| 145 | Matagorda | 145 | Hutchinson |
| 146 | Gonzales | 146 | Waller |
| 147 | McLennan | 147 | Lamar |
| 148 | Crosby | 148 | Wilbarger |
| 149 | Walker | 149 | McLennan |
| 150 | Lamb | 150 | Hopkins |
| 151 | Panola | 151 | Gaines |
| 152 | Wichita | 152 | El Paso |
| 153 | Delta | 153 | Bowie |
| 154 | Hill | 154 | Gregg |
| 155 | Runnels | 155 | Kleberg |
| 156 | Kerr | 156 | Karnes |
| 157 | Upshur | 157 | Hale |
| 158 | Donley | 158 | Dallas |
| 159 | Lubbock | 159 | Cass |
| 160 | Hardin | 160 | Titus |
| 161 | Van Zandt | 161 | Limestone |
| 162 | Garza | 162 | Jones |
| 163 | Reeves | 163 | Cochran |
| 164 | Mills | 164 | Mitchell |
| 165 | Tyler | 165 | Brown |
| 166 | Grayson | 166 | Madison |
| 167 | Nacogdoches | 167 | Deaf Smith |
| 168 | San Jacinto | 168 | Val Verde |
| 169 | Robertson | 169 | Runnels |
| 170 | Reagan | 170 | Nolan |
| 171 | Rusk | 171 | Lamb |
| 172 | Camp | 172 | Angelina |
| 173 | Taylor | 173 | Camp |
| 174 | Callahan | 174 | Dawson |
| 175 | McCulloch | 175 | Nueces |
| 176 | Duval | 176 | Jim Hogg |
| 177 | Atascosa | 177 | Caldwell |
| 178 | Montague | 178 | Tyler |
| 179 | Harrison | 179 | Nacogdoches |
| 180 | Palo Pinto | 180 | Navarro |
| 181 | Cherokee | 181 | Walker |
| 182 | Young | 182 | Pecos |
| 183 | Lamar | 183 | Terry |
| 184 | Hall | 184 | Grimes |
| 185 | Gregg | 185 | Hall |
| 186 | Henderson | 186 | Jasper |
| 187 | Sabine | 187 | Crosby |
| 188 | Trinity | 188 | Milam |
| 189 | Angelina | 189 | Garza |

| Rank | Health Outcomes | Rank | Health Factors |
|------|-----------------|------|----------------|
| 190 | Martin | 190 | Gonzales |
| 191 | Houston | 191 | Robertson |
| 192 | Floyd | 192 | Frio |
| 193 | Bowie | 193 | Uvalde |
| 194 | Ward | 194 | Presidio |
| 195 | Lynn | 195 | Marion |
| 196 | Jefferson | 196 | Anderson |
| 197 | Jim Wells | 197 | Liberty |
| 198 | Falls | 198 | Morris |
| 199 | Anderson | 199 | Houston |
| 200 | Wood | 200 | Harrison |
| 201 | Ector | 201 | Matagorda |
| 202 | Fisher | 202 | La Salle |
| 203 | Brown | 203 | Howard |
| 204 | Aransas | 204 | Orange |
| 205 | Marion | 205 | Cherokee |
| 206 | Winkler | 206 | San Jacinto |
| 207 | Terry | 207 | Jefferson |
| 208 | Menard | 208 | Falls |
| 209 | Gray | 209 | Trinity |
| 210 | Liberty | 210 | Shelby |
| 211 | Eastland | 211 | Edwards |
| 212 | Howard | 212 | Newton |
| 213 | Nolan | 213 | Cameron |
| 214 | Jasper | 214 | Jim Wells |
| 215 | Potter | 215 | Ector |
| 216 | Limestone | 216 | Sabine |
| 217 | Coleman | 217 | Red River |
| 218 | Cass | 218 | Webb |
| 219 | Baylor | 219 | Polk |
| 220 | Morris | 220 | Potter |
| 221 | Newton | 221 | Reeves |
| 222 | Jack | 222 | San Augustine |
| 223 | Cochran | 223 | Duval |
| 224 | Orange | 224 | Hudspeth |
| 225 | Red River | 225 | Dimmit |
| 226 | Coke | 226 | Zapata |
| 227 | Hutchinson | 227 | Willacy |
| 228 | Kimble | 228 | Hidalgo |
| 229 | Brooks | 229 | Maverick |
| 230 | Shelby | 230 | Brooks |
| 231 | San Augustine | 231 | Zavala |
| 232 | Polk | 232 | Starr |

Not Ranked: Armstrong, Borden, Briscoe, Cottle, Culberson, Dickens, Foard, Glasscock, Irion, Kenedy, Kent, King, Loving, McMullen, Motley, Oldham, Roberts, Sherman, Sterling, Stonewall, Terrell, Throckmorton

2013 County Health Rankings: Measures, Data Sources, and Years of Data

| | Measure | Data Source | Years of Data |
|------------------------------------|--|--|----------------|
| HEALTH OUTCOMES | | | |
| Mortality | Premature death | National Center for Health Statistics | 2008-2010 |
| Morbidity | Poor or fair health | Behavioral Risk Factor Surveillance System | 2005-2011 |
| | Poor physical health days | Behavioral Risk Factor Surveillance System | 2005-2011 |
| | Poor mental health days | Behavioral Risk Factor Surveillance System | 2005-2011 |
| | Low birthweight | National Center for Health Statistics | 2004-2010 |
| HEALTH FACTORS | | | |
| HEALTH BEHAVIORS | | | |
| Tobacco Use | Adult smoking | Behavioral Risk Factor Surveillance System | 2005-2011 |
| Diet and Exercise | Adult obesity | National Center for Chronic Disease Prevention and Health Promotion | 2009 |
| | Physical inactivity | National Center for Chronic Disease Prevention and Health Promotion | 2009 |
| Alcohol Use | Excessive drinking | Behavioral Risk Factor Surveillance System | 2005-2011 |
| | Motor vehicle crash death rate | National Center for Health Statistics | 2004-2010 |
| Sexual Activity | Sexually transmitted infections | National Center for HIV/AIDS, Viral Hepatitis, STD, and TB prevention | 2010 |
| | Teen birth rate | National Center for Health Statistics | 2004-2010 |
| CLINICAL CARE | | | |
| Access to Care | Uninsured | Small Area Health Insurance Estimates | 2010 |
| | Primary care physicians | HRSA Area Resource File | 2011-2012 |
| | Dentists | HRSA Area Resource File | 2011-2012 |
| Quality of Care | Preventable hospital stays | Medicare/Dartmouth Institute | 2010 |
| | Diabetic screening | Medicare/Dartmouth Institute | 2010 |
| | Mammography screening | Medicare/Dartmouth Institute | 2010 |
| SOCIAL AND ECONOMIC FACTORS | | | |
| Education | High school graduation | Primarily state-specific sources, supplemented with National Center for Education Statistics | State-specific |
| | Some college | American Community Survey | 2007-2011 |
| Employment | Unemployment | Bureau of Labor Statistics | 2011 |
| Income | Children in poverty | Small Area Income and Poverty Estimates | 2011 |
| Family and Social Support | Inadequate social support | Behavioral Risk Factor Surveillance System | 2005-2010 |
| | Children in single-parent households | American Community Survey | 2007-2011 |
| Community Safety | Violent crime rate | Federal Bureau of Investigation | 2008-2010 |
| PHYSICAL ENVIRONMENT | | | |
| Environmental Quality | Daily fine particulate matter ¹ | CDC WONDER Environmental data | 2008 |
| | Drinking water safety | Safe Drinking Water Information System | FY 2012 |
| Built Environment | Access to recreational facilities | Census County Business Patterns | 2010 |
| | Limited access to healthy foods | USDA Food Environment Atlas | 2012 |
| | Fast food restaurants | Census County Business Patterns | 2010 |

¹ Not available for AK and HI.

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**County Health
Rankings & Roadmaps**
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